

HOW TO CREATE YOUR OWN BREAK STICKS

Start with a replacement hammer handle from the local hardware store, Home Depot, Lowe's, etc. We prefer hickory handles, 16" in length (fig 1). Remove any labels or staples from the handle.



FIG. 1

Using a chop saw, hand saw or hack saw, cut the hammer handle at the skinny part of the neck (fig 2).



FIG. 2

Taper the end of the stick to a wedge shape by sanding or whittling. Drill 3/8" hole through the end of the handle (fig 3). String a 16" piece of leather or rope through the hole and knot the ends to create a loop for hanging the stick (fig 4).



FIG. 3



FIG. 4

Keep break sticks out of reach of children and pets as they are not recommended as a toy or a chew. If there are multiple pit bulls in the home, PBRC recommends having at least 2 readily accessible break sticks. Break sticks are not recommended for breaking up fights between non-pit bull dogs.

For information on the proper way to break up a pit bull fight using break sticks, please visit PBRC.NET